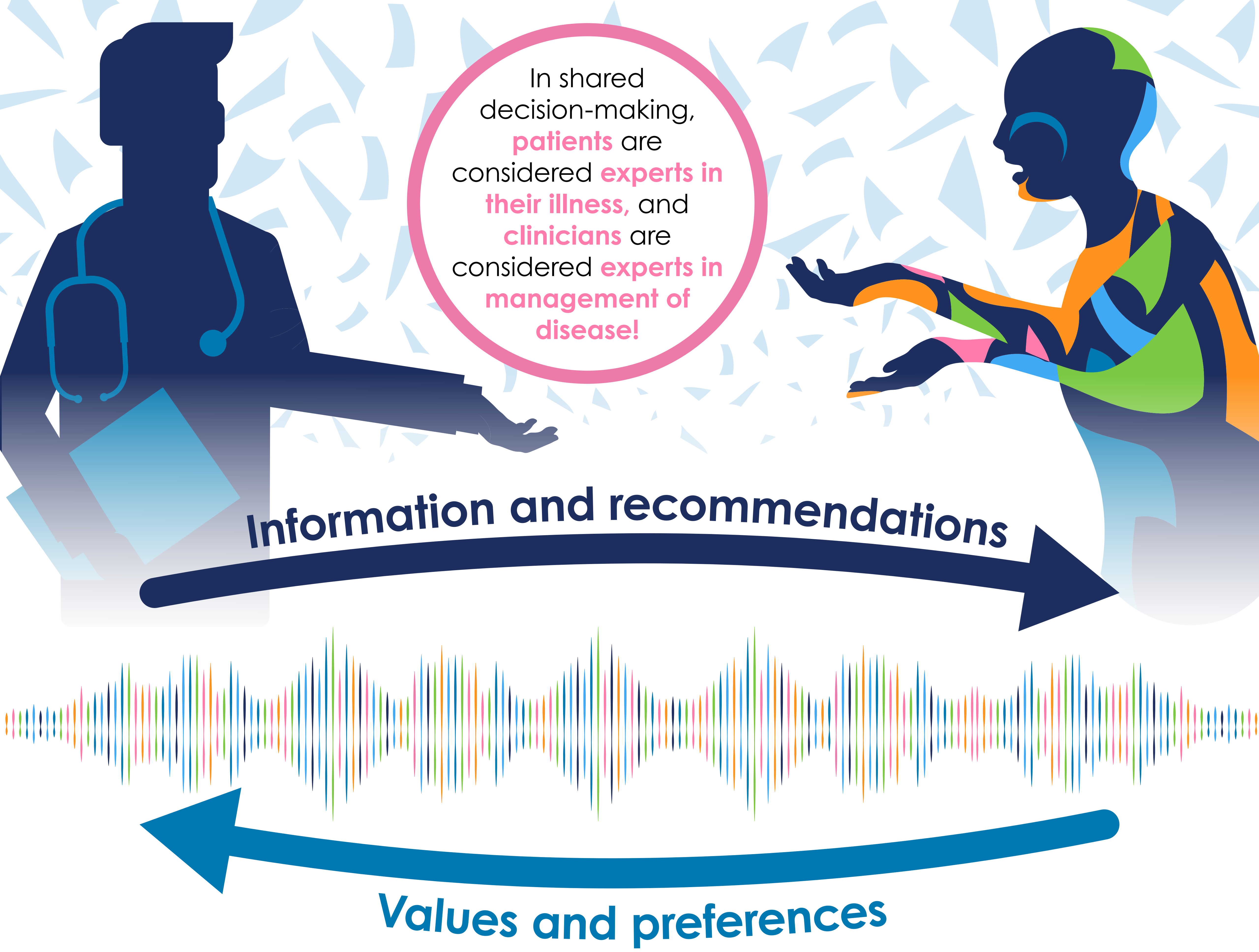


# DO'S AND DON'TS OF SHARED DECISION-MAKING IN PSORIASIS

Supporting patient wellbeing



## DO:

- Take sufficient time<sup>1</sup>
- Allow for questions and foster understanding<sup>2</sup>
- Create a safe environment for open communication<sup>3</sup>

## DON'T:

- Interrupt, particularly in haste<sup>4</sup>
- Be overly authoritarian or paternalistic<sup>3</sup>

## SKILLS<sup>5</sup>:

- Focusing and sharing the decision
- Presenting and informing on options
- Supporting comprehension and eliciting preferences
- Deliberating the decision, selecting an option, and planning actions

**Reference:** 1. Böcken J. Die ambulante Versorgung aus Sicht der Bevölkerung und Ärzteschaft, 2004. 2. Schillinger D et al. Arch Intern Med. 2003;163:83–90. 3. Frosch DL et al. Health Aff (Millwood). 2012;31(5):1030-8. 4. Marvel MK et al. JAMA 1999; 281:283–7. 5. Kriston L et al. Patient Educ Couns. 2010;80:94-99.

This content based on an EADV symposium, has been developed independently of the sponsor, Almirall S.A, who have had no editorial input into the content. Medthority received education funding from the sponsor in order to provide healthcare professionals access to the highest quality medical and scientific information, education and associated relevant content.